

# Flat Tourniquet

RE-ORDER  
DP 1639A  
DP 1639D

## Instruction of use

### APPLYING THE TOURNIQUET



Wrap the tourniquet 8-10cm above the cannulation site. Cross the strands over each other to make an "X". Ensure the right strand is on top. Pull the right strand firmly to create tension.



Using your left hand, hold both strands at the "X" to keep the tension on the right strand. Using your right hand, tuck the right strand under the "X" to create a loop below the "X".



Ensure there is excess strand not pulled all the way through. To further tighten the tourniquet, pull the loop and the left strand away from each other.



This is called a "Half Knot" tourniquet.

### REMOVING THE TOURNIQUET



Remove the tourniquet by pulling the right strand attached to the loop in an upward motion.



This can be done using one hand whilst your other hand is keeping the cannula securely positioned.



The Tourniquet will instantly loosen.

### CAUTIONS / PRECAUTIONS

Do not apply high pressures that may impair arterial blood flow to the extremity.

Release tourniquet as soon as blood starts to flow into the first tube.

Too long and too high stasis may contribute to haemolysis.