



Empowering
performance
since 1986

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MULTIGATE

Vienna™

Anti-Embolism Stockings

Instructions for use to achieve
optimal patient outcomes

Addressing clinician concerns about measuring and selecting the right stocking for patients, we created the Vienna™ system which simplifies the storage and selection of anti-embolism stockings, ensuring every stocking is measured and fitted with ease.



For more information please contact
your Business Development Manager:
(02) 8718 2888



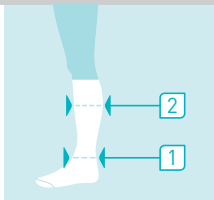
Measurement

Correct measurement is essential for the patient to receive the optimal benefit from their stockings.

You will need the supplied ruler and the following size charts.

KNEE HIGH STOCKING SIZES

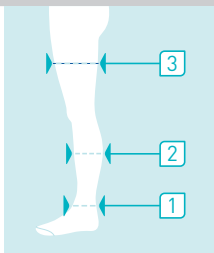
- 1 Measure **ankle circumference** to determine the size.
- 2 Measure **calf circumference** to ensure the limb fits within the parameters of the determined size.



SIZE	CODE	CIRCUMFERENCE (cm)		LEG LENGTH (cm)
		ANKLE	CALF	Heel to back of knee
XS	68-300	19-22	25.5-36	35-39
S	68-301	22-25	33-40	35-39
M	68-311	25-28	38-45	39-44
L	68-321	28-31	43-50	39-44
XL	68-331	31-34	46-53	39-44
XXL	68-341	34-37	49-56	40-45
XXXL	68-351	37-40	53-66	40-45

THIGH HIGH STOCKING SIZES

- 1 Measure **ankle circumference** to determine the size.
- 2 Measure **calf circumference** to ensure the limb fits within the parameters of the determined size.
- 3 Measure **thigh circumference** to ensure the limb fits within the parameters of the determined size.

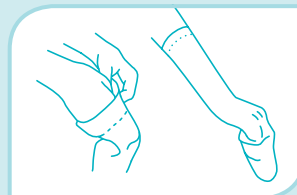


SIZE	CODE	CIRCUMFERENCE (cm)			LEG LENGTH (cm)
		ANKLE	CALF	THIGH	Heel to top of thigh
XS	68-400	19-22	25.5-36	44-56	62-70
S	68-401	22-25	33-40	50-62	62-70
M	68-411	25-28	38-45	56-68	70-80
L	68-421	28-31	43-50	62-74	70-80
XL	68-431	31-34	46-53	68-80	70-80
XXL	68-441	34-37	49-56	74-86	75-83
XXXL	68-451	37-40	53-66	80-92	75-83

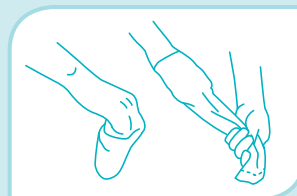
Application

Follow steps 1 to 4 to correctly apply the stockings.

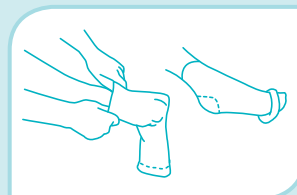
- 1 Insert hand into stocking down to heel pocket.



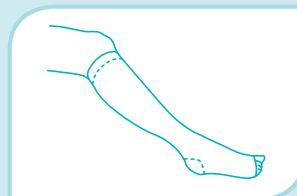
- 2 Grasp heel pocket and turn stocking inside out to heel area.



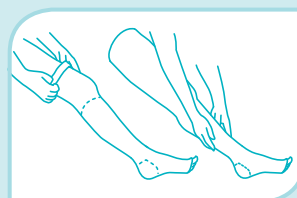
- 3 Carefully pull stocking over foot and heel.



- 4 **Knee high**
Pull stocking up to about 2.5-5cm below bottom of knee cap. Smooth excess material out.



Thigh high
Pull the remaining stocking up to the top of the thigh. The thigh band sits 1cm below the gluteal furrow. Smooth out the excess material and ensure there are no creases.



Documentation

- Record size and style of stocking and date applied in patient's records.
- Record all inspections performed on patient.
- Record removal of stockings.

Patient Observation and Maintenance

- Perform skin integrity check at least every 8 hours.
- If patient's legs are swollen or are fluctuating in size, remeasure patient whilst lying down every 24 hours to ensure they are wearing the correct size.
- Stockings can be washed up to 10 times. Please follow instructions on packaging.

Contraindications

Stockings are not recommended for patients with the following conditions:

X Any leg condition in which stockings would interfere, such as:

- a. dermatitis
- b. vein ligation (immediate postoperative)
- c. gangrene
- d. recent skin graft

X Severe arteriosclerosis or any other ischemic vascular disease

X Massive oedema of legs or pulmonary oedema from congestive heart failure

X Extreme deformity of leg.

